

# Three Life Coaching Sessions TLC

An innovative, solution-focused option for busy executives and teams wanting a superior advantage

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*"The success of any organisation in this global economy is largely dependent on the ability of its executives to build the highest possible synergy between its people and resources. Building Relationship Capital is a low-risk, high-return investment".*

Dr Carlos A. Raimundo

## Why use our Three Life Coaching sessions?

It works! Our extensive research has shown that three sessions with an accredited coach combined with individual/team homework, provides the foundation for sustainable change. We have a history of quality work which includes regular follow-up as needed. We have the testimonies to prove the impact our coaching has had, and continues to have on the lives and productivity of corporate executives. You can get that superior advantage in business without losing yourself or damaging what is important to you; your health, your personal life, your family, your team.

Our methodology was developed by psychiatrist, MBA and Corporate Executive Coach, Dr Carlos A. Raimundo. The methodology is:

- Founded on a theoretical framework; the **Strategic Relationship Management Model**.
- Powered by the **Play of Life**<sup>®</sup>; created by Dr Raimundo as a result of his neurophysiologic research into the most efficient way to affect sustainable transformational change in individuals and organizations. Dr Raimundo received the ASGPP Innovators award for the Play of Life in New York, 2004.
- Implemented by a **Professional body of coaches** directed and supervised by Dr Raimundo; each with broad experience in corporate psychology and coaching.

### • **TLC FOR INDIVIDUALS**

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Time to pause and establish a platform from which you can:

- Affirm your relational style.
- Map your relational world.
- Identify any issue that is worrying you.
- Establish where you are at the moment.
- Clarify where you would like to go.
- Identify the First Step towards achieving that goal.

Contact Dr Raimundo regarding fees

### • **TLC FOR TEAMS AND GROUPS**

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Time to pause and establish a platform from which to identify:

- Issues to tackle.
- Who the stakeholders are.
- Different types of expectations.
- Team relationships and allocation of functions.
- The present situation, the primary goal &
- The First Step towards achieving that goal.

Contact Dr Raimundo regarding fees

Final terms and conditions to be negotiated with consultant



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**Dr. Carlos A. Raimundo** is a sought after International Keynote speaker and Trainer. He is available for short motivational speeches, team-building workshops and Executive Coaching.

Challenge him with your most difficult personal, professional or team situations. His method ingeniously transforms a complex issue into a simple, visual representation of the situation; allowing possible solutions to be identified more quickly.

Read more about Carlos: [http://www.tenminutestoclarity.com.au/html/dr\\_carlos\\_resume.html](http://www.tenminutestoclarity.com.au/html/dr_carlos_resume.html)

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