

## **Dr. Jan Orman**

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Dr Carlos Raimundo  
3 Pittwater Rd  
Gladesville, NSW 2111

Dear Carlos,

I am writing to express thanks to you on behalf of the Australian College of Psychological Medicine and, in particular, on behalf of the members of the College who attended your recent Play of Life training workshop. The feedback from that Stage 1 workshop has been unanimously positive and every participant has registered their interest in continuing on with further Play of Life training.

As you are aware, all the participants in that workshop were medical graduates currently working in General Practice. The participants have in common a very strong interest in mental health/psychological medicine and most have postgraduate qualifications in various psychotherapeutic modalities. Without exception they have all expressed their gratitude, not only for your clear and generous presentation but also for the exposure to an exciting new therapeutic technique which promises to have broad application and to be especially useful in the General Practice context.

It is generally recognised that most GPs are struggling to provide the care their patients need in the area of psychological medicine. This is partly due to the enormity of the problem and partly due to low levels of appropriate skills in many GPs. Simple, easy to use techniques such as the Play of Life which can be implemented in the context of a busy, time pressured practice are immensely valuable. The Play of Life seems to have a clear advantage in enabling the practitioner to connect quickly on an emotional level with many people for whom that kind of connection is often time consuming and difficult, if not impossible. We feel it is something that should be taught to everyone working in general practice.

The College would be pleased to continue its involvement in helping promote the Play of Life both in the form of training workshops for its members and in facilitating the training of the wider medical community.

Thankyou again,

Jan Orman  
Immediate Past President,  
Australian College of Psychological Medicine