


PRESENT

IDEAL

VALUES:



FEELING

ROLE PLAYED

TITLE PRESENT

MY MOVIE – FROM

FEELING

ROLE PLAYED

TITLE IDEAL

TO:

MY FIRST STEP:

Meaning of my first step:

Recording Sheet for Group Common Denominators The Power of the First Step technique		
1. Without talking, stand up and walk around to look at the scenarios depicted. Look at each person's creation from different angles. Then, in small groups, focus on either the Present or Ideal picture first and discuss the common denominators. Choose one person to record and report for your group on chart paper/this sheet. Each person may also like to make notes on his/her own sheet.	PRESENT	IDEAL
2. Take turns describing what you see "literally" on the "stage". Consider the shapes formed by the figures and props, the focus and direction in which the figures are facing, and the distance between the figures.		
3. What kind of culture exists? What traditions, practices, routines, expectations, Values prevail?		
4. How does this scenario affect the people involved? <ul style="list-style-type: none"> • Feelings • Roles played 		
5. What bottom-line outcomes/ long-term effects are likely to result?		
6. Share your titles and choose one of them (or create a new one) that represents the common ideas of the group.	FROM	TO
7. Go back to Direction 2 and repeat the process for the other "stage" on the template.		
8. Share & record the "First Step" and the meaning for each person in the group.		
9. What have you personally discovered from this process? Take a moment to write down your thoughts on the back of this page and share some of them with the group if you'd like to.		

PRESENT	IDEAL
10 20 30 40 50 60 70 80 90 100%	

