


Practitioner-in-Training Log & Self Evaluation for Group Coaching

		<input type="checkbox"/> Practise <input type="checkbox"/> Peer Supervision <input type="checkbox"/> Professional Supervision	Practitioner: _____ Date of session: _____ Duration: _____
Client's name (pseudonym): _____			
Social Context: <input type="checkbox"/> Family <input type="checkbox"/> Friends <input type="checkbox"/> Work <input type="checkbox"/> Personal		Topic Addressed: _____	
OBJECTIVE		SELF EVALUATION	
WARM-UP PHASE	1	I engaged and contained the client from the commencement of the session and throughout its duration. (Consider your body language, gestures, eye contact, facial expressions, articulation, volume and intonation.)	
	2	I quickly identified the most pressing topic to address (even when more than one issue was presented by the client) and I used effective questioning to determine which technique to use. Technique Selected:	Rationale for technique selection:
	3	I used a proactive approach to the management of my client's behaviour. E.g. talkative clients, quiet-reluctant clients, unclear/vague about issues to address.	
SERIOUS PLAY PHASE	4	I introduced the client to the PoL technique selected and guided the client through the steps with clarity.	
	5	I applied PoL strategies effectively. Soliloquy Role Reversal Title Rotation of the Stage Maximisation (covered in module 5) Other	
	6	I assisted the client apply role theory. Introduction to the concept of Roles Role naming Role cascade (covered in modules 5 & 6)	
	7	I managed the time and pace of the coaching session effectively.	
SHARE & GO PHASE	8	I gave the client the opportunity to share what was learned during the session and gave something back to the client (e.g. metaphor) I involved all members of the group in this process, if applicable (Group application only)	
	9	I prepared the client for a follow-up session giving homework (specify) to do in the meantime. I found it necessary to refer the client to a specialist practitioner.	
	10	I warmed-up the client to return to his/her social context and brought the session to a satisfying close.	
Coaching areas I need to further develop:			
Questions I need answered:			